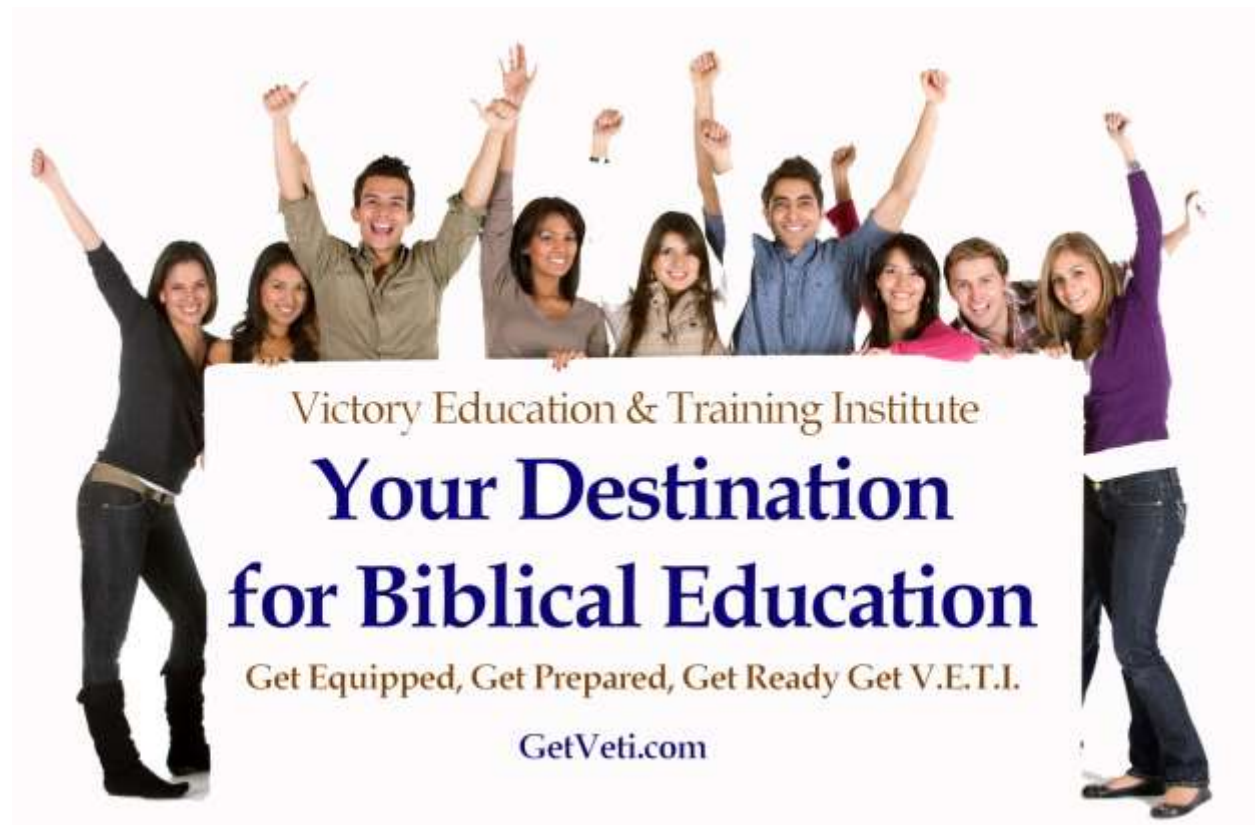


Victory Education & Training Institute

Student Orientation Kit



Contents

1. *Welcome*
2. *How to Begin*
3. *How to Register*
4. *Master Course List*
5. *Course Textbooks*
6. *Sample 2-year plan*
7. *Academic Integrity*



Welcome to Victory Education & Training Institute.



“Your Destination for Biblical Education”

Victory Education & Training Institute (V.E.T.I.) is a cutting edge bible institute providing quality biblical, ministerial, and leadership training. Our primary vision is to equip men and women for the work of the ministry.

Pastor Sonny Arguinzoni Sr. and his wife Julie started in 1967 with a vision to reach out to hurting people in their community. Their goal was to prepare men and women, “Treasures out of Darkness” for ministry.

Founded in 1983, V.E.T.I. has inspired the hearts and minds of thousands by educating those who attend our churches, fill our pulpits and lead our cause.

Under the authority of scripture, V.E.T.I. seeks to fulfill its commitment to ministry through Christian education, personal development, and spiritual formation. V.E.T.I. strives for excellence in the service of Jesus Christ under the guidance and power of the Holy Spirit.

Today, V.E.T.I. reflects the needs of a multi-cultural population providing relevant education in biblical, theological, and ministerial disciplines all over the world. Instruction is offered in over 90 extensions in English, Spanish and Dutch along with online classes.

Our students come from a variety of lifestyles and backgrounds. We associate our students to diamonds in the rough and our school like a diamond factory; polishing our “Treasures Out of Darkness”. It is here where students are refined, polished and trained to go back into their communities to positively & effectively influence society and reach out to other “Treasures”.

Our faculty comes from a diversity of educational backgrounds although they all have one thing in common: each has practical, hands-on ministry experience. This means students not only engage in in-depth theological discussions, but they also learn from experts in the field, in the areas of leadership and ministry.

When students complete our 2-year religious studies program they receive a certificate of Biblical & Theological Studies. For those who desire to continue their education and seek higher learning, V.E.T.I. has agreements with several bible colleges & seminaries that are ready to accept our students. V.E.T.I. is also sanctioned by the United States, Student Exchange Visitor Program to accept foreign exchange students.

Becoming a V.E.T.I. student has taken on a whole new meaning. We're not only a growing bible institute but a gateway into the global Victory Outreach experience.

We believe that you will agree with Victory Outreach International in saying, now is the time to: “Get Equipped, Get Prepared, Get Ready, Get V.E.T.I.”

GET EQUIPPED, GET PREPARED, GET READY, GET VETI

 **VICTORY OUTREACH INTERNATIONAL**
Victory Education & Training Institute

veti

BIBLE, MINISTRY & LEADERSHIP TRAINING!
Classes Available Online, Onsite, in English & in Spanish

INFO@GETVETI.COM | 909.509.4437 | GETVETI.COM

How to Begin

1. V.E.T.I. provides On-Site, On-line and Intensive (1-day) courses.
2. If you are an existing student you can log into your profile and view your courses taken.
3. To register for online, onsite and intensive classes visit, GetVeti.com
4. To make sure you stay on track, check off each class using the master course list.
5. After completing V.E.T.I., students receive a Biblical & Theological Studies Certificate.
6. 24 courses are required to graduate (19 core or required courses and any 5 elective courses). Students can graduate from VETI in as little as 2-years years by successfully completing 3 classes each quarter, four quarters a year (Fall, Winter, Spring & Summer). All classes are 3 units each.
7. We recommend that all students begin enrolling in the course, Research & Writing. This will help prepare students with reading and writing requirements throughout your studies.
8. The local VETI coordinator decides what classes to offer in each extension. If you are looking for a specific course, contact your local coordinator.
9. You can take as long as you like to complete our 2-year program. Download a copy of the 2-Year "Fast Track" to give you an idea of what a full-time student schedule looks like.
10. Most on-site classes meet from 7pm - 10pm. Intensive courses usually meet on Saturdays from 9am - 5pm.
11. Textbook requirements are listed during registration and in each syllabus.
12. The cost for each class at VETI is \$110. The cost for Intensive 1-day courses is \$125.
13. Late Registration (+\$25 fee) begins 7 days before the start date of each individual course, including intensive courses.

14. There are no fees to pay to begin taking a class (No application fees and no student fees). Cash is not accepted. Credit card payments are the only forms of acceptable payments. If you do not have a credit or debit card consider using a prepaid gift card or ask your coordinator for assistance.
15. For those with busy schedules consider online classes. Online classes are seven weeks long and are limited to the first 25 students who register per class. There is no set time when you have to log into your course. You can log in anytime a class has started. All online classes take place at VetOnline.com
16. All students are encouraged to join TheVetiNetwork.com, the global community of students, alumni, instructors, coordinators and staff of Victory Education & Training Institute. There students find resources, course information, Membership is free.
17. If you have any questions send email to VETI@VictoryOutreach.org or call 909-599-4437.

YOUR DESTINATION FOR BIBLICAL EDUCATION

Victory Outreach International
Victory Education & Training Institute



How to Register to a V.E.T.I. Course

For questions or assistance, call Academic Services at: 909-599-4437 or email, info@GetVeti.com

1. Visit GetVeti.com
2. Click on the "Course List" button near the top of the page.
3. Search for the course you are interested in. The course list is sorted alphabetically by VETI Extension.
4. Click on the Enroll button to the right of the course.
5. Login with your username and password. If you are a new student click on, "Not a member yet? Register Now" and fill out the form.
6. Click on the Enroll button again.
7. Click on the Enroll button again. If you want to register as an Audit student place a checkmark in the Audit checkbox.
8. Click on the View Cart button. You may need to scroll to the top of the page.
9. Click on Continue to Billing. If you want to remove the course click on the track icon to the left of the course title. If you want a friend to pay for your class click on the "Send request for payment to a friend".
10. Click on the "Select One" option to select a new credit or debit card or to select a credit or debit card you have used in the past.
11. Click on Preview payment.
12. Click on Process payment.



Classes Available Online, Onsite, in English & in Spanish

INFO@GETVETI.COM 909.509.4437 GETVETI.COM



Victory Education & Training Institute (V.E.T.I.)

Biblical & Theological Studies Certificate Requirements

Master Course List

Victory Education & Training Institute (V.E.T.I.) provides a dynamic (72 unit) Bible training program. Receive a certificate of Biblical & Theological Studies in as little as two years by enrolling in three classes each school quarter. Successful completion of 24 courses is needed to graduate, **19 required** courses and any **5 elective** courses. All classes are 3 units each. Fall, winter and spring quarters consist of 8 weeks classes. Summer classes are 5 weeks and online courses are 7 weeks long. Several classes are also available as 1-day intensive courses.

Registration closes on the first day of each class. Late registration begins 7 days before the start date of each individual course, including intensive courses. To register or to request a copy of your transcripts, visit GetVeti.com.

19 Required Courses

- | | |
|---|---|
| 1. <input type="checkbox"/> Apologetics | 11. <input type="checkbox"/> Church History 3, History & Vision |
| 2. <input type="checkbox"/> Book of Acts | 12. <input type="checkbox"/> Christian Ethics * ~ |
| 3. <input type="checkbox"/> Hermeneutics ~ | 13. <input type="checkbox"/> Spiritual Warfare * ~ |
| 4. <input type="checkbox"/> New Testament | 14. <input type="checkbox"/> Homiletics ~ |
| 5. <input type="checkbox"/> Old Testament | 15. <input type="checkbox"/> Leadership Development 1. * ~ |
| 6. <input type="checkbox"/> Systematic Theology I | 16. <input type="checkbox"/> Spiritual Disciplines * ~ |
| 7. <input type="checkbox"/> Systematic Theology II | 17. <input type="checkbox"/> Urban Ministries * ~ |
| 8. <input type="checkbox"/> Systematic Theology III | 18. <input type="checkbox"/> Missions * ~ |
| 9. <input type="checkbox"/> Church History I * ~ | 19. <input type="checkbox"/> Research and Writing * ~ |
| 10. <input type="checkbox"/> Church History II * ~ | |

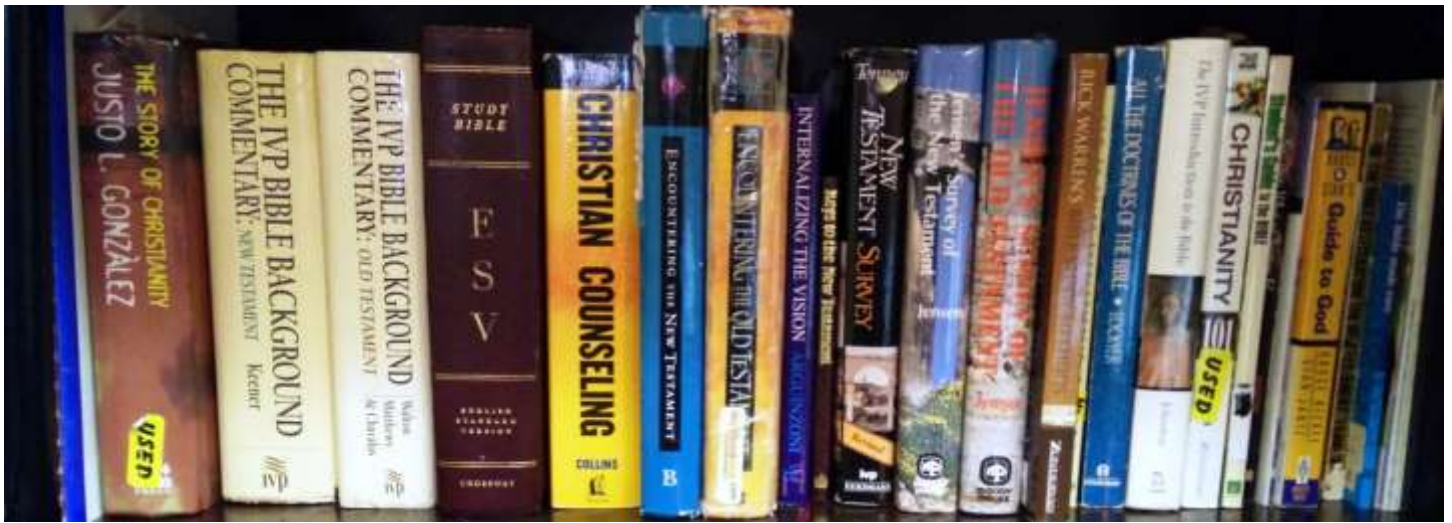
Select any 5 Elective Courses

- | | |
|--|---|
| <input type="checkbox"/> Leadership Development 2. | <input type="checkbox"/> Effective Evangelism * ~ |
| <input type="checkbox"/> Book of Hebrews ~ | <input type="checkbox"/> Intro to Christian Education * ~ |
| <input type="checkbox"/> Book of Romans ~ | <input type="checkbox"/> Music Ministries * ~ |
| <input type="checkbox"/> Daniel & Revelation ~ | <input type="checkbox"/> Biblical Counseling * ~ |
| <input type="checkbox"/> General Epistles ~ | <input type="checkbox"/> Spiritual Gifts ~ |
| <input type="checkbox"/> The Gospels ~ | <input type="checkbox"/> Youth Ministries * ~ |
| <input type="checkbox"/> Major Prophets ~ | <input type="checkbox"/> Instructor Training Course (ITC) * ~ |
| <input type="checkbox"/> Minor Prophets ~ | <input type="checkbox"/> Church Administration * ~ |
| <input type="checkbox"/> Pastoral Epistles ~ | <input type="checkbox"/> Urban Church Planting * ~ |
| <input type="checkbox"/> Introduction to Theology * ~ | <input type="checkbox"/> Urban Evangelism * ~ |
| <input type="checkbox"/> Theology in the City * ~ | <input type="checkbox"/> Urban Leadership * ~ |
| <input type="checkbox"/> Christian Marriage & Family * ~ | <input type="checkbox"/> Comparative Religions * ~ |
| <input type="checkbox"/> Christian Ministry Practicum | <input type="checkbox"/> V.E.T.I. Orientation * ~ |
| <input type="checkbox"/> Church Growth * ~ | <input type="checkbox"/> Public Speaking ~ |
| <input type="checkbox"/> Church Planting * ~ | |

* = Class available as an Intensive course.

~ = Class available as a 5 week summer course.

Course Textbooks



The cost for course text books is not included in your V.E.T.I. registration. Course textbook requirements for every class are listed next to the course titles in the registration area. Beginning in 2015 the following 11 courses require the specific textbooks below to be used in class:

All of the books below are available in both English and Spanish.

Course title:

Book title:

- | | |
|---------------------------------|---|
| 1. Book of Acts | Acts of the Holy Spirit. |
| 2. Hermeneutics | Hermeneutics 1—Principles for Interpreting Scripture. |
| 3. Homiletics | Homiletics 1—Preach the Word. |
| 4. New Testament Survey | Survey of the New Testament. |
| 5. Old Testament Survey | Survey of the Old Testament. |
| 6. Book of Hebrews | Hebrews. |
| 7. Book of Romans | Romans & Galatians, The Gospel According to Paul. |
| 8. Daniel & Revelation | Revelation & Daniel. |
| 9. General Epistles | General Epistles: James—Jude. |
| 10. The Gospels | The Life & Teachings of Christ—Synoptic Gospels. |
| 11. Christian Marriage & Family | Marriage & Family. |

All of the books above are provided by “Faith and Action” publishing. Each individual book can be purchased for \$25 each or it can be purchased as a download for \$10 each. Each download version of the course textbook is a “not for print pdf file” and is for personal use only. Help support the publisher and promote academic integrity by not copying, printing or sharing the file; after all, we are a bible school. To purchase a book visit: <http://www.faithandactionseries.org>. Their phone number is: 417-881-4698.

For all other courses the instructor has the liberty to select a book of his or her choice. V.E.T.I. provides a list of recommended books [here](#). Students can purchase textbooks that the instructor has selected from any of their favorite book sellers. For competitive pricing consider <http://isbn.nu>. For assistance how to pick a good textbook click [here](#).

Victory Education & Training Institute

2 Year Sample V.E.T.I. Plan

Victory Education & Training Institute (V.E.T.I.) provides a dynamic (72 unit) Bible training program. Receive a certificate of Biblical & Theological Studies in as little as two years by enrolling in three classes each school quarter. Successful completion of 24 courses is needed to graduate, **19 required** courses and any **5 elective** courses. All classes are 3 units and cost \$110 each. Fall, winter and spring quarters are 8 weeks courses. Many classes are also available as 7 week online classes and as 1-day intensive courses.

Registration closes 14 days before the start date of each individual course, including intensive courses. Late Registration (+\$25 fee) closes 7 days before the start date of each individual course, including intensive courses. To register or to request a copy of your transcripts, visit GetVeti.com.

Year 1.

Fall Quarter

1. Systematic Theology 1.
2. Spiritual Disciplines
3. **Intensive:** Research & Writing *

Winter Quarter

1. Systematic Theology 2.
2. Spiritual Warfare
3. **Intensive:** Biblical Counseling *

Spring Quarter

1. Systematic Theology 3.
2. Apologetics
3. **Intensive:** Christian Marriage & Family.

Summer Quarter

1. Hermeneutics *
2. Urban ministries *
3. **Intensive:** Book of Romans *

Year 2.

Fall Quarter

1. Church History 1. *
2. Missions *
3. Old Testament Survey

Winter Quarter

1. Church History 2. *
2. Book of Acts *
3. New Testament Survey

Spring Quarter

1. Church History 3.
2. Leadership Development 1. *
3. **Intensive:** Comparative Religions

Summer Quarter

1. Homiletics
2. Christian Ethics
3. **Intensive:** Spiritual Gifts

Courses titles in black are elective courses.

Summer courses are 5 week courses.

Intensive courses are 1 day classes.

* Class also available online.

Victory Education & Training Institute

Academic Integrity Policy

Last Updated 5/3/2012

Academic Integrity

V.E.T.I. supports and promotes academic honesty and personal integrity. Our primary vision is to equip men and women for the work of the ministry. V.E.T.I. is committed to the academic, ethical, and spiritual development of each student in our Bible school. Any form of academic dishonesty whether intentional or unintentional is unacceptable.

The vision of V.E.T.I. advocates high standards of ethical behavior. Academic integrity is an important component in fostering self-respect, honesty, truthfulness, achievement and comradery among all of our students. Our academic integrity policy is intended to clarify the expectations as well as the consequences for our students. Integrity ultimately means that you are honest to God about yourself, who you are, your strengths and weaknesses, and you strive to be honest in all of your endeavors.

While there may be a variety of pressures and temptations for students to consider academic dishonesty, including time constraints, involvement in other ministries or the actions of peers, no excuse justifies this type of behavior. The staff at V.E.T.I. values learning above grades and strives to communicate to students the need to prioritize their education and to always give their best effort. Dishonest work in any form detracts from the value and purpose of education.

Examples of Academic Dishonesty Include:

1. **Plagiarism:**

Plagiarism is the most frequent form of academic dishonesty. Plagiarism means to use someone else's work without giving them credit, (or citing the source). In other words, it's presenting the work of another person as his or her own. Plagiarism exists when: a). There is no recognition given to the original author for phrases, sentences, and ideas of the author in a paper or project. b). A portion of a document is copied from an author, or composed by another person, and presented as original work.

2. **Cheating:**

Giving or receiving unauthorized information to give or gain unfair advantage. Copying or allowing others to copy information from someone else's work. Submitting an assignment that someone else completed. Working in a group effort without the instructors' permission. Buying a paper from a research service. Using or attempting to use unauthorized materials, information, or study aids. Submitting the same work for credit without approval (e.g. submitting the same assignment twice for different courses).

3. **Facilitation:**

Writing a paper or doing homework for someone else. Getting outside help without instructors' permission (from a friend or spouse). Having others conduct research or prepare work for them without permission.

4. **Fabrication:**

Providing intentional false information about a source (fabricating or making up the source).

Instructor Responsibilities

1. To create a learning environment that supports academic integrity.
2. To maintain and support the Academic Integrity of the school.
3. To clearly present the Academic Integrity Policy in the syllabus
4. To clearly present all assignments and instructions in the syllabus.
5. To explain the use of permissible study aids in the coursework.
6. To specify types of collaboration that allowable and those that are not.
7. To require weekly writing assignments to help students develop proper writing skills.
8. To teach and review correct use of documentation when assigning and correcting work.
9. To check student papers for academic dishonesty. See #14 below.
10. To structure conditions during testing to alleviate the possibility of cheating.
11. Provide checkpoints to facilitate the research process (to assist student in time management, and to provide opportunities to help students during the process).
12. To give a zero or an F on an assignment to a student who engages in academic dishonesty.
13. To immediately report any violation of the Academic Integrity Policy directly to the staff.
14. Join "The Instructors Only Group" on www.TheVetiNetwork.com for resources and education on plagiarism prevention as well how to check for academic dishonesty.
15. To pass out, explain and receive back from each student a signed Academic Integrity Pledge form.

Student Responsibilities

- Uphold and support the Academic Integrity Policy of the school by completing all assigned work, activities and tests in an honorable process without engaging in academic dishonesty.
- Clarify with the instructor any ambiguities about violations to the Academic Integrity Policy.
- Avoid situations that might contribute to academic dishonesty.
- Avoid giving or receiving unauthorized assistance for school assignments.
- Document borrowed materials by citing sources.
- Avoid plagiarism by:
 - a) Using quotations marks for statements borrowed from others.
 - b) Acknowledge information, ideas, or patterns of thought borrowed from any source.
 - c) Consult with faculty about any questionable situations.
- Learn how to properly cite sources by searching for keywords "academic integrity" on www.TheVetiNetwork.com
- Sign and return the Academic Integrity Pledge form that you will receive from the instructor.

Consequences of Academic Dishonesty

V.E.T.I. has zero tolerance for dishonest students. Students who are guilty of academic dishonesty can expect to be penalized. Penalties include:

1. The student will receive a failing grade for the assignment.
2. The student may have to sign a probationary agreement to stay in the course.
3. The student faces possible failure for the course.
4. The student faces possible expulsion from the school.
5. The student's record will document the incident.
6. If more than one student is involved everyone will be penalized.

If you know that someone is committing academic dishonesty, please inform your instructor or call the V.E.T.I. office at 909-599-4437.

Academic Integrity Pledge

V.E.T.I. supports and promotes academic honesty and personal integrity. Our primary vision is to equip men and women for the work of the ministry. V.E.T.I. is committed to the academic, ethical, and spiritual development of each student in our Bible school. Any form of academic dishonesty whether intentional or unintentional is unacceptable.

Plagiarism is defined as copying the language, phrasing, structure, or specific ideas of others and presenting any of these as one's own, original work; it includes buying papers, having someone else write your papers, and improper citation and use of sources. When you present the words or ideas of another (either published or unpublished) in your writing, you must fully acknowledge your sources. Plagiarism is considered a violation of academic integrity whenever it occurs in written work, including drafts and homework, as well as for formal and final papers. Cheating, facilitation and fabrication are also examples of academic dishonesty.

Student must learn to value and prioritize the ministry of education in their lives by setting aside enough time to complete their assignments and by learning how to say "NO" to other requests made of them during their course. Failure to do so affects a student's grade, their finances and possibly their future ministry possibilities.

Victory Education and Training Institute has established the Academic Integrity Policy as the standard for this school. Students are expected to adhere to these measures. V.E.T.I. has zero tolerance for dishonest students. Students who are guilty of academic dishonesty can expect to be penalized with consequences which may include failure for the assignment, failure for the course, or expulsion from the school.

Pledge:

I have read and understood the above statement and agree to abide by the standards of academic integrity policy at Victory Education and Training Institute.

Signature

Date

Printed Name

The complete V.E.T.I. Academic Integrity Policy can be found at:

<http://www.thevetinetwork.com/forum/topics/plagiarism-1>

Top 10 Tips for V.E.T.I. Students

- 1. Read the syllabus completely and carefully.** The syllabus is like a road map. It helps you navigate your course successfully. It is the student's job to read the map. Review the course syllabus often. Mark your calendar with all dates and note any special instructions. Many times all you have to do is follow directions. If you can follow directions, you will do well.
- 2. Introduce yourself to your instructor and classmates.** Let your instructors know who you are, your goals and get to know your classmates. If you are enrolled in an online classes share a little about yourself by updating your student profile with your interests and goals. Although online courses are more flexible than the customary brick-and-mortar classroom setting, they require just as much work.
- 3. Manage your time wisely.** You have things to do, places to go, and souls to save. You may even have kids, a job and family. That's very understandable. But guess what? You're in school. This may just be the most important thing you got going for yourself. School is just as important (if not more important) than any other thing you got going, including ministry. In case no one has told you yet, school is a ministry. Once you settle this in your mind, you will be free to "Just Say No" to other responsibilities and "Yes" to your homework and to the completion of your formal bible education.

If you really want to succeed as student determine the best time for you to study. Commit yourself to those hours and treat it like your most important appointment each week. Schedule your week and include time for reading, writing, discussion posting, and test taking. Discipline yourself to get your work done. Don't look for time, make time. You should be dedicated, motivated, organized and committed to each of your classes. If you are a busy person you just may have to "burn that midnight oil".



- 4. Don't be afraid to ask for help.** If you don't understand an instruction, an assignment or anything in your course, ask for help. Ask lots of questions. Ask another student for help. Call or email your instructor. His or her contact information will be in the course syllabus. Be persistent.

And don't forget that you can pray and ask God for help too. Your education is a ministry and you are very important to God. He wants you to do your best, so you can become your best. When you study so hard that you get a brain freeze, that's a good time to take a 15 minute break to worship God. The Lord will help you to "snap out of it" and snap back into your studies with an alert mind (even if it's 3 am in the morning). Call him up anytime. God's telephone number is Jeremiah 33:3.

- 5. Participate in class discussions.** Contributing in the course discussions is one of the most exciting things to do in class and especially in an online class. Discussions forums allow students to contribute significantly to the class plus it helps to build successful communication and community in our online school. Students also frequently receive personalized feedback from their professors each week. We want students to know that they are vital and are not isolated at their computer screen. A big part of your grade is also determined by a student's participation in class, so check you syllabus carefully.

6. **Turn in all assignments on-time.** Late assignments are accepted by most instructors although they receive a 20% reduction in grade for each assignment per week. If you want to receive the full grade for your hard work, turn it in on-time. Review the course syllabus for any additional special instructions. And always save a copy of all of your work, just in case.
7. **Before you submit any assignment, proofread them for errors.** Make sure that you grammar check and spell check all of your assignments before turning them in. Most errors can be caught by spending a few extra minutes carefully reviewing your work. I like what Samuel Johnson wrote: "*What is written without effort is in general read without pleasure*". And please, don't turn in your work completely written in CAPITAL LETTERS.
8. **Be self-motivated.** Have you ever wondered what it takes to be successful in school? Have you ever asked yourself, "Why do some students make it and some don't?" What's the secret? It's the ability to be self-motivated. Here's how to do it:

To succeed in school, (or in anything for that matter) learn to encourage yourself. Talk to yourself - yell if you have to. When the pressure is on and your stress level rises remember why you are in school (see #10. below). Commit yourself to others by telling them your goals. Make friends with your classmates so that you can share each other's "homework burdens".

Talk to other students on The V.E.T.I. Network. Connect with people who are already doing what you desire to do when you graduate (a skilled leader, pastor, teacher). Find a mentor and spend time communicating with him or her. Keep good company by connecting with people who are supportive, encouraging, motivating and yet are not afraid to tell you the truth. Hang around eagles and minimize your time with turkeys, in other words, spend time with positive people.

Watch your progress. List the classes you have completed and put them someplace where you can see them daily. Learn to manage your time better (see #3. above). Even if you fail a course, don't quit. Failure is not final. Learn from your mistakes, get back up and do it again. Nobody said it would be easy, did they? If they did, they lied. Remember to ask God for help (as you study vigorously). He's just one prayer away. Be persistent and don't give up. And always, always, always practice academic integrity. In other words, be honest.

- a) "Motivation is what gets you started. Habit is what keeps you going." Jim Rohn
- b) "People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily." Ziglar
- c) "I can do all things through Christ who strengthens me". Philippians 4:13.

9. **Have fun.** After you are done studying, take a break and do something fun. If you don't, you may burnout and other areas of your life may also be affected. Take care of yourself. Spend time with your family on purpose. Walk around the block and get some fresh air. Eat brain food and do some exercise. Set aside time regularly to recuperate, regenerate, to regroup and for renewal (even if it's only for a short amount of time).
10. **Remember your goals.** Education is not simply about completing a program nor simply acquiring information. Education is a time of personal preparation where you become equipped with the knowledge you need to succeed. Write down your reasons (or goals) why you are in school. Keep them in front of you. Little by little you will be getting closer and closer to your goals. Don't do your assignments as fast as you can. Take your time and learn from all of your school work, even if they don't appear to be important. Give your best effort and don't be afraid. You can do "all things" through Christ who strengthens you. Pray and ask God to help you (See #4. above). Grow strong and fulfill your calling. Plan to sacrifice now and decide to pay the price today so you can be well prepared for the opportunities that lie ahead.

If you practice these tips, you will do well in your class. Most importantly remember that if you want to succeed as a student you must take responsibility for your own learning.